



Doctorate in

# PSYCHOLOGICAL RESEARCH

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The Doctorate in Psychological Research is part of CONACYT's National Program of Quality Graduate Studies (PNPC), in the category of Program in Development.

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## DESCRIPTION

The Doctorate in Psychological Research trains researchers competent at national and international levels to develop Psychology as a science in the areas of contemporary research, contributing to the solution of issues faced by our society and to build a more humane and egalitarian country, with greater psychological and social wellbeing.

## CONTEXT AND RELEVANCE

Today's Mexican society requires highly qualified psychologists, able to diagnose, evaluate and intervene in psychosocial issues. The cultural, social, and economic diversity of our country calls for cultural and ethical-sensitive solutions using forefront mixed methodologies.

The Doctorate prepares its students to develop forefront projects considering diversity, multiculturality and the specific biopsychosocial needs of communities. It fosters graduates' commitment to undertake research and interventions that benefit disadvantaged sectors. Researchers are trained to publish -individually or collectively- basic or applied research, direct thesis, write technical reports and provide technical counseling.

Graduates contribute to the bio-psycho-socio-cultural development of the Mexican population, to the improvement of their quality of life and to the promotion of their mental and emotional health.

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## LINKAGE

The Psychology Department has multiple formal and informal avenues of collaboration and exchange with higher education institutions, cultural institutions and national and foreign research centers, for both students and professors. We underscore the following links:

- American Psychological Association, APA
- Asociación Mexicana de Orientación Psicológica y Psicoterapia, AMOPP
- Asociación Mexicana de Psicología Social, AMEPSO
- Bond University
- Centro de Estudios de Género para la Prevención y Atención a las Adicciones y a la Violencia, A.C., CEGAIVI
- Centro Mujeres, A.C.
- Consejo Nacional de Enseñanza e Investigación en Psicología, CNEIP
- DePaul University
- Facultad de Ciencias de la Conducta, UAEMex
- Facultad de Psicología, Iztacala, UNAM
- Facultad de Psicología, UNAM
- Hospital Infantil de México Federico Gómez
- Hospital Pediátrico de Tacubaya
- Hospital Psiquiátrico "Fray Bernardino Álvarez"
- Instituto de Ciencias de la Salud, UAEH
- International Association of Cross Cultural Psychology, IACCP
- International Association of Psychology, ICP
- Loyola University Chicago
- Migramex, A.C.
- Sociedad Interamericana de Psicología, SIP
- Sociedad Mexicana de Psicología, SMP
- State University of New York
- The American British Cowdray Medical Center, I.A.P.
- Tilburg University
- Universidad Autónoma de Durango
- Universidad de Guanajuato
- Universidad del Caribe
- University of Haifa
- University of Scranton

## OBJECTIVES

### General

To train researchers with sound conceptual and methodological knowledge, able to produce original research of the highest quality, fostering social, ethical and scientific development and promoting social well-being.

### Specific

Students will be able to:

1. Identify different approaches and qualitative, quantitative and mixed methodological strategies to design relevant research in the field of psychology.
2. Interpret and disseminate findings of scientific research in psychology following ethical criteria.
3. Develop transcendental and relevant projects appropriate for Mexico's particular context and situation.

## APPLICANTS PROFILE

Candidates must be knowledgeable of specialized terminology in Psychology, research methodology, search for information and computer packages for statistical analysis. They must be interested in solving human problems, developing research projects, studying human relationships and environment, and innovating strategies and measurement instruments in the field of Psychology. They should be able to undertake long periods of intellectual work and to devote to full-time study.

## GRADUATES' PROFILE

Graduates are able to intervene and solve psychological and social issues faced by the Mexican society, especially the most disadvantaged groups, using psychosocial and health approaches. They have forefront conceptual and methodologic knowledge to carry out and publish high quality original research, working with national or international teams, fostering social and scientific development.

## FIELD OF WORK

Graduates may work as professors and researchers in public or private higher education institutions, national or foreign research centers, health institutes and hospitals. They may also head projects in governmental or non-governmental organizations.

# FACULTY MEMBERS

## Cinthia Cruz del Castillo

Member of the National Research System (SNI) Level I

Ph.D. and B.A. in Social Psychology, Universidad Nacional Autónoma de México

### Line of Research:

Gender and Culture

### Relevant Publications:

Mujeres en transición. Reflexiones teórico-empíricas en torno a la sexualidad, la pareja y el género. México: Universidad Iberoamericana. ISBN 978-607-417-214-0 (2013); "Theory and Research in Mexican Social Psychology, Psychological Studies," 55(1), 52-60 DOI: 10.1007/s12646-010-0006-5 (2010); Metodología de la Investigación. México: Editorial Patria. ISBN: 978-607-438-149-8 (2010); "La atracción desde una perspectiva biopsicosociocultural", In J. Sabucedo & J. Morales (Eds), Psicología Social, pp. 181-196. España: Editorial Médica Panamericana. ISBN:978-84-9835-904-6 (2015); "Creencias y Normas en México: Una Actualización del Estudio de las Premisas Psico-Socio-Cultureles." PSYKHE, 24(2), 1-25. doi:10.7764/psykhe.24.2.880.

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## Alejandra del Carmen Domínguez Espinosa

Member of the National Research System (SNI) Level II

Ph.D. and B.A. in Social Psychology, Universidad Nacional Autónoma de México

### Line of Research:

Gender and Culture (coordinator)

### Relevant Publications:

Lecturas introductorias a la Psicología Cultural, Transcultural y Etnopsicología. México: Universidad Iberoamericana (2011); "An indigenous social desirability scale. Measurement and Evaluation in Counseling and Development". 47(3),199-214 (2014); "Socially desirable responding: Enhancement and denial in 20 countries." Cross-Culturel Research, 1-23 (2014); "El manejo de la impresión y su influencia sobre el bienestar psicológico en dos comunidades latinoamericanas." Acta de Investigación Psicológica, 4(2), 1535-1553 (2014); "Migratory Motivations and Expectation to United States in Mexican Adolescents." International Journal of Hispanic Psychology. 2(2): 209-220 (2009).

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## Oscar Galicia Castillo

PH.D. and M.Sc. in Basic Biomedical Research, B.A. in Psychology, Universidad Nacional Autónoma de México

### Line of Research:

Health Psychophysiology (coordinator)

### Relevant Publications:

Trastorno por Déficit de Atención e Hiperactividad. México: Manual Moderno (2015); El libro de las emociones extremas. Sociobiología del amor y la violencia. México: Universidad Iberoamericana (2010); "A potential function of endocannabinoids in the selection of a navigation strategy by rats." Psychopharmacology 198(4) 565-576 (2008); "El mono que miro al cielo: La evolución cerebral y la evolución de la cognición humana". In A. Domínguez. Lecturas introductorias a la psicología cultural, transcultural y etnopsicología. México: Universidad Iberoamericana (2011); La naturaleza de la agresión. In J. Velazquez (Ed.) Temas selectos de neurociencias III (pp. 75-84). México: UAM (2004).

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## Coordinator of the Doctorate in Psychological Research

## Cesar Ángel Hernández Guerrero

Member of the National Research System (SNI) Level I

Ph.D. in Chemistry and Biology Sciences, M.A. in Clinical Biology, B.A. in Chemistry-Bacteriology-Parasitology. Instituto Politécnico Nacional

### Line of Research:

Health Psychophysiology

### Relevant Publications:

"La suplementación con vitaminas antioxidantes a mujeres con endometriosis disminuye la producción de citocinas proinflamatorias y aumenta la síntesis de INF- $\gamma$  en leucocitos periféricos en cultivo." Perinatol Reprod Hum, 21:137-146 (2007); "Vaginal Microbiota of Healthy Pregnant Mexican Women is Constituted by Four Lactobacillus Species and Several Vaginosis-Associated Bacteria". Infectious Diseases in Obstetrics and Gynecology (2011); "Quantitative and qualitative peritoneal immune profiles, T-cell apoptosis and oxidative stress-associated characteristics in women with minimal and mild endometriosis". British Journal of Obstetrics and Gynaecology, 118(1), 6-16 (2011).

Contact: [cesar.hernandez@ibero.mx](mailto:cesar.hernandez@ibero.mx)

## Celia Mancillas Bazán

Ph.D. and M.A. in Human Development, B.A. in Psychology, Universidad Iberoamericana

### Line of Research:

Gender and Culture

### Relevant Publications:

El péndulo de la intimidad. Relatos de vida de parejas en Valle de Chalco. México: Universidad Iberoamericana, 2006; "Migración de menores mexicanos a Estados Unidos". In P. Leite y E. Giorguli (Eds.) El estado de la migración. Las políticas públicas ante los retos de la migración mexicana a Estados Unidos (pp. 211-246). México: CONAPO, 2010; "Muy cerca pero a la distancia: transiciones familiares en una comunidad poblana de migrantes". Migraciones Internacionales 4 (4), 35-64. (2009); "Beyond National Borders: Family Frontiers and Expulsion from the US". Journal of Borderlands Studies 26 (1), 53-63 (2011).

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## Angélica Ojeda García

Member of the National Research System, Level I

Ph.D. in Psychology, M.A. in Social Psychology and B.A. in Psychology, Universidad Nacional Autónoma de México

M.A. in Gestalt Psychotherapy, Universidad Gestalt de América

### Line of Research:

Vulnerable Groups, Quality of Life and Family (coordinator)

### Relevant Publications:

"Coping Immigrants México-United States as an Agent of Change: From Risk to Protection Factors". Psychology Research, 1(5), 318-327 (2012); "¿Amor y Compromiso en la Pareja?: De la Teoría a la Práctica". Revista de Diagnóstico y Evaluación Psicológica, 30, 2, 125-142 (2010); Manual para generar involucramiento en el trabajo con grupos por medio del arte. México: Manual Moderno, 2015: El dibujo como expresión del mundo interno del migrante. México: Universidad Iberoamericana, 2014. "Las relaciones interpersonales como producto de una construcción transcultural". Capítulo V (pp. 127-150). In Alejandra Domínguez Espinosa (Comp.) Lecturas Introductorias a la Psicología Cultural, Transcultural y Etnopsicología. México: Universidad Iberoamericana, 2011.

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**Carla Pederzini Villareal***Member of the National Research System, Level II**Ph.D. and M.A. in Population Studies, El Colegio de México**B.A. in Economics, Universidad Autónoma Metropolitana***Line of Research:** Gender and Culture.**Relevant Publications:** “La Cocina: ¿Destino o privilegio femenino?” In Pan, hambre y trascendencia: diálogo interdisciplinario sobre la construcción simbólica del comer. México: Universidad Iberoamericana, 2009; “Migración internacional y escolaridad como medios alternativos de movilidad social: el caso de México”, Estudios Económicos, Número Extraordinario, El Colegio de México (2009); “Demografía y Epidemiología del envejecimiento en México”. In Geriatria y Gerontología (Lizaur & Picardi). México: Editorial McGraw-Hill Interamericana, 2010.**Contact:** [carla.pederzini@ibero.mx](mailto:carla.pederzini@ibero.mx)**Graciela Polanco Hernández***Ph.D. and B.A. in Psychology, Universidad Nacional Autónoma de México***Line of Research:**

Vulnerable Groups, Quality of Life and Family

**Relevant Publications:**

“The family and the child: a view to the migration”. Journal of Poverty, 13 (3), 309-318 (2009); “La vulnerabilidad femenina al fenómeno migratorio desde sus dos visiones”. In Meza, L y Cuellar, M. (Eds.) La Vulnerabilidad de los grupos migrantes en México. México: Universidad Iberoamericana, 2009; “La migración y el niño”. Revista electrónica EPIKEA, No. 7 (2008); “Familias mexicanas migrantes: Mujeres que esperan”. Psicología Iberoamericana, 14(2), 53-56 (2006); “Minnesota Multiphasic Personality Inventory-2 as a detector of emotional risk factors for the academic performance of newly-admitted undergraduate psychology students”. Problems of Psychology in the 21st Century. 3(3):76-81 (2012).

**Contact:** [graciela.polanco@ibero.mx](mailto:graciela.polanco@ibero.mx)**Isidro Soloaga***Member of the National Research System, Level II**Ph.D. in Agricultural and Natural Resources Economics, University of Maryland**B.A. in Economics, Universidad Nacional de la Plata***Lines of Research:**

Vulnerable Groups, Quality of Life and Family.

**Relevant Publications:**

Capital social y política pública en México. México: El Colegio de México, 2012; “Sobre México: temas actuales de política económica”. México: Universidad Popular Autónoma del Estado de Puebla, 2009; “Evaluation of the training for the unemployed in Mexico: learning by comparing methods”. Políticas Públicas. EGAP. Tecnológico de Monterrey. México (2012); “El efecto de China en el Comercio Internacional de América Latina”, Estudios de Economía, 38 (2), 341-368 (2011); “Trade Reform and Poverty. The Case of Mexico”. The World Economy. World Bank Policy Research Working Paper, # 2667 (2002).

**Contact:** [isidro.soloaga@ibero.mx](mailto:isidro.soloaga@ibero.mx)**Édgar Antonio Tena Suck***Ph.D. in Psychology Research and B.A. in Psychology, Universidad Iberoamericana**M.A. in Clinical Psychology, Universidad Nacional Autónoma de México**Specialty in Information in Dynamic Psychiatry for Psychologists, Asociación Psicoanalítica Mexicana***Line of Research:**

Health Psychophysiology

**Relevant Publications:**

“Minnesota Multiphasic Personality Inventory-2 as a detector of emotional risk factors for the academic performance of newly-admitted undergraduate psychology students”. Problems of Psychology in the 21st Century 3, 76-81 (2012); “Counseling in México”. In T. Hohenshil, N. Amudson y S. Niles. Counseling around the World. An International Handbook (pp. 315-322). Estados Unidos: American Counseling Association, 2013; “Estrategias psicológicas de apoyo para el tratamiento nutricional del paciente con obesidad”. In Suverza, A. y Haua, K. Obesidad. Consideraciones desde la nutrición (pp. 207-222). México: McGraw Hill, 2012; “Counseling in Mexico: History, Current Identity, and Future Trends”. Journal of Counseling &amp; Development by The American Counseling Association 88 (1), 33-37 (2010);

**Contact:** [antonio.tena@ibero.mx](mailto:antonio.tena@ibero.mx)**Bernardo Emilio Turnbull Plaza***Ph.D. in Social Sciences, University of Sussex.**M.A. in Clinical Psychology, Chapman College**B.A. in Social Psychology, Universidad Autónoma Metropolitana***Line of Research:** Health Psychophysiology**Relevant Publications:** “Street children and their helpers: An actor-oriented approach.” Children and Youth Services Review, 31(12) (2009); “A contrast between mothers’ assessments of child malnutrition and physical anthropometry in rural Mexico: a mixed methods community study”. Journal of Nutrition Education and Behavior; 41(3), 201-206 (2009); “El enfoque centrado en el actor social: aplicación al caso de los niños y adolescentes de la calle”. In A. Domínguez Espinoza (Ed.). Lecturas Introductorias a la psicología cultural, transcultural y etnopsicología. Vol. 1, pp. 231-254. México: Universidad Iberoamericana, 2012; “A contrast between mothers’ assessments of child malnutrition and physical anthropometry in rural Mexico: a mixed methods community study”. Journal of Nutrition Education and Behavior; 41(3), 201-206 (2009); “Psicología social de la nutrición en albergues escolares indígenas”. In R. Díaz Loving, S. Rivera Aragón & I. Reyes Lagunes (Eds.), La psicología Social en México. Monterrey: UNAM/AMEPSO/UANL, 2012.**Contact:** [bernardo.turnbull@ibero.mx](mailto:bernardo.turnbull@ibero.mx)**Hugo Yam Chalé***Member of the National Research System (SNI) Candidate Level.**Ph.D. in Psychology, Universidad Nacional Autónoma de México**M.A. in Criminal Psychology and B.A. in Psychology, Universidad Autónoma de Yucatán***Lines of Research:**

Vulnerable Groups, Quality of Life and Family.

**Relevant Publications:**

“Condiciones del cautiverio y significados construidos del secuestro extorsivo económico, desde la narrativa de los sobrevivientes”, Revista Criminalidad, 58 (3) (2016); “Vivencia y repercusiones del secuestro: el caso de la esposa de un hombre secuestrado”. Revista Alternativas en Psicología, Tercera época, Febrero-Julio (32), 108-124 (2015); “Condiciones del cautiverio y estrategias de afrontamiento empleadas por víctimas de secuestro extorsivo económico”. In I. Loinaz y R. Gallardo (Eds.), Prevención y detección del maltrato infantil, (183-212). México: BUAP, 2015; “Secuestro extorsivo económico: significados construidos por una pareja sobreviviente”. Psicología &amp; Sociedades, 26(3), 779-791 (2014).

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## LINES OF RESEARCH

The Doctorate in Psychological Research Program, has three strong lines of knowledge generation or application. Students are linked to the research work being developed by their thesis directors and contribute to strengthen and improve specific research topics. Thus, thesis projects are directed to fulfill the objectives of the doctorate and to contribute to the profile of the graduates.

### 1) Vulnerable groups, quality of life and family

Research on family and quality-of-life, particularly in vulnerable groups, has been established at national and international level due to the urgency of improving well-being in the most disadvantaged population. Day by day more people are marginalized because of economic, educational, and social factors; improving their material psychological and social conditions is a priority.

#### Topics

- Migration and Family
- Extortive kidnapping
- Poverty and social mobility
- Psychological Resilience
- Social Well-being
- Community Well-being Fostering Intervention

### 2) Gender and culture

The objective of this line of research is to promote and develop research focused on in the different technical conceptions and fields of application of culture and gender. It aims to contribute to the empiric knowledge of culture and gender considering two main aspects: culturally-sensitive psychological measurements and gender approach.

#### Topics

- Culturally Sensitive Psychological Evaluation and Measurement
- Interpersonal Relationships
- Cultural and Transcultural Psychology
- Gender and Empowerment
- Couple's Violence and Gender Violence
- Subjectivity and Gender

### 3) Health psychophysiology

It's object of study are the physiologic, psychologic and social bases underlying different aspects of human health. It sets out to contribute to the study of the biosocial factors implicit in different disorders that currently have an impact in health, especially in eating behavior.

#### Topics

- Neurophysiology of Emotions
- Psychopharmacology of behavior
- Healthy Lifestyles
- Nutrition and Psychophysiology
- Community Health

## SYLLABUS

<b>First Semester</b>	<b>16 credits</b>
Research Designs	4
Qualitative Research I Doctoral Seminar	4
Project Evaluation I Seminar	4
Selected Topics in Psychological Research	4
<b>Second Semester</b>	<b>14 credits</b>
Qualitative Research II Doctoral Seminar	4
Project Evaluation II Seminar	4
Elective 1	6
<b>Third Semester</b>	<b>14 credits</b>
Advanced Statistics Doctoral Seminar	4
Project Evaluation III Seminar	4
Elective 2	6
<b>Fourth Semester</b>	<b>8 credits</b>
Multivariate Methods in Psychology Research	4
Project Evaluation IV Seminar	4
<b>Fifth Semester</b>	<b>4 credits</b>
Scientific Publishing and Dissemination	4
<b>Sixth Semester</b>	<b>4 credits</b>
Thesis Seminar	4
<b>Total subjects</b>	<b>60 credits</b>
<b>Total thesis credits</b>	<b>16 credits</b>
<b>Total syllabus credits</b>	<b>76 credits</b>

## ELECTIVE SEMINARS:

- Selected Topics in Culture, Emotions and Gender
- Vulnerable Groups, Quality of Life and Family
- Transcultural Research in Psychology
- Community Intervention
- Social Wellbeing Research and Intervention Models.
- Comparative Models of Social Welfare
- Selected Topics in Anthropology and Culture

## ADMISSION PROCEDURES

The following documents must be delivered to the School Services Directorate (Building N)

1. Original birth certificate
2. Simple photocopies of university degree and professional license, or evidence of graduating from M.A. Copies will be verified against original documents
3. Subjects Application
4. Application form (provided by School Service Directorate along with New-admission instruction)
5. Letter of Acceptance to the Graduate Program
6. Letter of Commitment and Addendum duly completed and signed (also provided by School Service Directorate)
7. Application process payment receipt

### Foreign Students

- Foreign country applicants or Mexicans coming from foreign institutions must also deliver:
- Birth certificate legalized for México.
- Revalidation of studies extended by the Mexican Ministry of Public Education. If the documents are not in Spanish, they must be translated by an authorized translator.
- Photocopy of Migration Form FM-2 (the student is responsible of keeping his/her migratory status in Mexico up to date).

For further information please contact:

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The program is comprised by **76 credits**, which must be accredited in **three years (six school periods)**.



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